

Table of Contents

Spicing Up a Lot of Love.....	9
Equivalent Charts, Tips and Tricks	16
Cooking Tips and Tricks	
Frugality	
Appetizers.....	20
Aunt Heather's Salsa.....	21
Chili Cheese Dip	22
Dad's Cheese Ball	23
First Pretzels.....	24
Homemade Sweetened Condensed Milk.....	25
Jeb Mixes.....	26
Munchies Mix	
Chris Mix	
Granola Mix	
Chocolate and Peanuts	
Leftover Mix	
Jung's Refrigerator Pickles	29
Rhubarb Slush Punch.....	30
Venison and Elk Snacks	31
Jerky	
Summer Sausage	
Breakfast Sausage	
Whole Wheat Thins	33
Soups & Salads	34
Apples and Cinnamon Salad.....	35
Alicia's Bean Soup	36
Alicia's Bean Stew	37

Broccoli Salad	39
Cheddar Wild Rice Soup	40
Chunky Potato Soup	41
Cold Spinach Sandwiches	42
Creamy Chicken and Potato Chowder	43
Creamy Western Dressing.....	44
Green Salad	45
Homemade Croutons.....	46
Fresh Salad Dressing	47
Leftover Mashed Potato Soup	48
Minnesota Cookie Salad	49
Mom's Hearty Bean Soup.....	51
Oatmeal.....	53
Old Fashioned Creamy Tomato Soup	54
Quick Garden Salad.....	55
Salad With Nuts.....	56
Sour Kraut Stew.....	57
Split Pea Soup	58
Summer Cucumber and Tomato Salad.....	60
Tuna Noodle Salad.....	61
Tuna Salad	62
Tuna Salad Sandwiches	63
Wendy's Egg Drop Soup	64
Wendy's Potato Salad	65
Wendy's Split Pea Soup.....	66

Main Dishes..... 68

Bread Pizza	69
Burritos.....	70
.....	..

Cheese Pizza-Potato Hotdish.....	72
Chicken and Rice.....	74
Chinese Lemon Chicken.....	75
Lemon Sauce	
Chinese Salad.....	76
Chow Mein.....	77
Cynthia's Home-cooked Macaroni and Cheese.....	78
Cream Chipped Beef on Toast.....	79
Creamy Chicken and Mushrooms.....	80
Enchiladas.....	81
German Apple Pancakes.....	83
Glazed Chicken.....	85
Honey Chicken.....	86
Hoska.....	87
Hotdish.....	89
Junk Pizza.....	90
Lasagna.....	92
Lemon Chicken Over Rice.....	94
Marinated Pork Ribs.....	95
Meatless Spaghetti Sauce.....	96
Mexican Layered Casserole.....	98
Mom's Best Creamy Dressing.....	100
Pineapple Lemon Chicken Marinade.....	102
Pizza Rollers.....	103
Scrambled Rice.....	104
Southwestern Stew.....	105
Stir-Fry Chinese Vegetables.....	106
Sugarless Hamburgers.....	108
Sweet-and-sour Chicken.....	109

Tacos.....	111
Taco Plate	113
Tex Stew.....	115
Three Bean Hotdish.....	116
Tomato Pie.....	117
Tuna Burgers	119
Tuna Lasagna	120
Turkey a la King.....	122
Wendy's Meatless Chili.....	123
Zucchini Omelets	125

Sides & Sauces 126

Apple Butter.....	127
Au Gratin Potatoes.....	128
Biscuits	129
Cloud Biscuits	129
Angel Flake Biscuits.....	130
Cheese Garlic Biscuits	131
Chris's Chinese Wontons.....	132
Chris's Chinese Egg Rolls.....	133
Chunky Cole Slaw.....	134
Corn Bread.....	135
Dawn's French Bread	136
Fried Potato Patties	137
Hash Brown Potatoes.....	138
Homemade tartar sauce.....	139
Lydia's Homemade Mashed Potatoes.....	140
Oatmeal Bread.....	141
Oven Roasted Potatoes.....	143

Pasta With Mushrooms	144
Six-minute Jams	145
Spanish Rice	146
Sweet and Sour Green Beans.....	147
Wendy's Herb Blend.....	148
Wendy's Mushroom Gravy.....	149
Wild Rice.....	150
Zucchini Bread.....	151

Desserts 152

Apple Pie Filling.....	153
Apple Pie in a Jar.....	155
Apple Tart	156
Basic Crumb Topping	157
Brownie Pudding Cake.....	160
Chocolate Bits Cheesecake.....	161
Chocolate Chip Cookies.....	163
Cream Cheese Frosting	164
Coffee Frosting.....	165
Dirt Dessert.....	166
Dirt Dessert II.....	167
Frozen Cherry Pie.....	168
Fruit Crisp	169
Grandma's Pineapple Upside-Down Cake	170
Jell-O® Cut Outs.....	172
Leftover Oatmeal Cookies	173
Lemon Bars	175

Crust

Filling

Glaze

Lemon Cheesecake	177
Lemon Cherry Glazed Cake	178
Lemon Meringue Pie	179
Meringue:	
Lemon Poppy Seed Pound Cake	181
Marshmallow Crispy Bars	182
Mock Apple Pie	183
Mom's Honey Granola	184
Oat Seongs	185
Peach Crumble	186
Peanut Butter Pie	187
Pick-a-Mix Cookies	188
Pumpkin Bars	189
Pumpkin Muffins	190
Rhubarb Crunch	191
Rhubarb Cake	192
Simple Oatmeal Squares	193
Simple Pumpkin Pie	194
Tropical Carrot Cake	195

Cynthia's Pastries 197

Common Family Pie Crust	198
Crispy Cookie Bars	200
Quick Freezer Pies	201
Key Lime Pie	201
Peanut Butter Pie	201
Cherry Cheese Pie	202

Miscellaneous 203

Boosting Bath	204
---------------------	-----

Finger Foods for Toddlers..... 206

Homemade Play & Paint.....207

 Play Dough

 Play Paint

 Play Putty

 Sculpting Dough

Homemade Wet Wipes..... 210